## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL				
OMB Number:	3235-0287			
Estimated average burden				
hours per response:	0.5			

FORM 4

Check this box if no longer subjec or Form 5 obligations may continu	t to Section 16. I e. See Instructio	Form 4 on 1(b).			Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									hours per response: 0.5		
1. Name and Address of Reporting Person <sup>*</sup> Meyers James R						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Arbutus Biopharma Corp</u> [ ABUS ]							hip of Reporting Popplicable) Director	()	10% Own	
						3. Date of Earliest Transaction (Month/Day/Year) 08/17/2019							Officer (give title	below)	Other (spe	ecify below)
(Street) WARMINSTER PA 18974 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual X	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Т	able I - I	Non-Deri	ivative Se	curities A	cquired, Di	sposed of	f, or Benef	icially Owr	ed				
					Date Exec (Month/Day/Year) if any		ution Date,	Code (Instr. 8) 3, 4 and				Be	Beneficially Owned F Reported Transaction		Ownership Form: rect (D) or Indirect (I) str. 4)	7. Nature of Indirect Beneficial Ownership (Instr.
				·		th/Day/Year)		Amount			·	(Instr. 3 and 4)			(4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac (Instr. 8)	tion Code	Securities Ad	Number of Derivative curities Acquired (A) or sposed of (D) (Instr. 3, 4 d 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Und Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following	Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title		Amount or Number of Shares		Reported Transaction(s) (Instr. 4)	(s)	
Stock Options	\$1.5 <sup>(1)</sup>	08/17/2019		Α		22,000		08/17/2019	08/17/2029	3/17/2029 Common Stock		22,000	\$0	22,000	D	
Explanation of Responses:																

1. Reflects the closing price of the Company's common shares on the Nasdaq Stock Market on August 16, 2019, the trading day immediately preceding the date of the grant.

Remarks:

/s/ David C. Hastings as attorney-in-fact for James Meyers

\*\* Signature of Reporting Person

08/20/2019

Date

Perminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78fl(a).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints the David C. Hastings, David Kille and James List of Arbutus Biopharma Corpor (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, the undersigned's application for EDGAF (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4 and 5, in accordance with Se (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to (A) complete and execute any such Forms 3, 4 or 5 (B) (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best : The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, neces The undersigned acknowledges that the foregoing attorney-in-fact, in serving in such capacity at the request of the undersigned, is not assuming, nor is the ( This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of August, 2019.

> /s/ James Meyers James Meyers