FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

<b>STATEMENT</b>	<b>OF CHANGES</b>	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sofia Michael J.					2. Issuer Name and Ticker or Trading Symbol Arbutus Biopharma Corp [ ABUS ]						(Che	ck all applica	,	erson(s) to Iss 10% O Other (	vner
(Last) (First) (Middle) C/O ARBUTUS BIOPHARMA CORPORATION 100-8900 GLENLYON PARKWAY				3. Date of Earliest Transaction (Month/Day/Year) 03/01/2019						)	below)				
(Street) BURNABY A1 V5J 5J8  (City) (State) (Zip)			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line)	ndividual or Joint/Group Filing (Check Applicable  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Transa Date				Transacti	Day/Year) Execution Date, if any (Month/Day/Year) Tra		3. Transacti Code (Ins	4. Securities Acquired (A) on Disposed Of (D) (Instr. 3, 4		ed (A) or str. 3, 4 and 5	5. Amount of Securities Beneficially Owned Following Reported		Ownership rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution Date (Month/Day/Year) 3A. Deemed Execution Date if any (Month/Day/Year) (Month/Day/Year)		Code	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		d Amount ies g : Security nd 4)	Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Employee Stock Option (Right to Buy)	\$4.57	03/01/2019		A		145,000		(1)	03/01/2029	Common Shares	145,000	\$0	145,000	D	

## Explanation of Responses:

1. The option will vest and become exercisable in three equal annual installments beginning March 1, 2020.

## Remarks:

/s/ David C. Hastings, as attorney-in-fact for Michael J. 03/05/2019 Sofia

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.